Everyday Exposure to Toxic Pollutants by Wayne R. Ott and John W. Roberts

<http://ogoapes.weebly.com/uploads/3/2/3/9/3239894/everyday_exposure_to_toxic_chemicals.pdf>

In the article, the authors argue that indoor exposure to pollutants is higher than outdoors because environmental regulations are focusing outside. Researchers say that many small toxic pollutants are more prevalent to indoors than outdoors in America. Many products at home are threats to people’s health than industrial pollution outside. They say that these toxic chemicals from indoors come largely from combustion such as smoking, cooking, burning candles or firewood. Some sources of toxic chemicals are carpets and house dust. Thy contain cadmium, lead and other heavy metals that can lead to cancers. Small people are more susceptible with these chemicals because there size is not big enough to hold the toxic. Due to this, small children are prone on getting diseases like cancer and asthma.

The fact that environmental regulation is improving the air quality outside, indoor contaminants regulation is not in the regulation. I agree that exposure to indoor chemicals is high than in outdoors. I believed that this leads to the death and sickness of many people because indoors has higher concentration of toxic chemicals. This is really scary because we are always inside and being exposed to a lot of toxics.

One solution to this problem is the creation of regulation that involves indoor pollutants to lessen people’s exposure to chemicals. Other solution is to create a technology that can clean indoor contaminants more efficient and effective. I believe that cleaning our home also will help.